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Mental Status Exam Template

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PATIENT

DATE OF VISIT

VISIT TYPE

CLINICIAN

APPEARANCE AND BEHAVIOR

How did they present, and how did they act during the interview?

SPEECH

Rate, volume, latency, spontaneity.

MOOD AND AFFECT

What they said they feel, and what you saw. Do the two match?

THOUGHT PROCESS AND CONTENT

Form of thinking, preoccupations, and risk with intent, plan and means.

PERCEPTION

Hallucinations in any modality, present or denied.

COGNITION, INSIGHT AND JUDGEMENT

Orientation, attention, memory, and whether they can act on their situation.

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Mental Status Exam Example: Medication Follow-Up

FICTIONAL EXAMPLE. NOT A REAL PATIENT. FOR ILLUSTRATION ONLY.

PATIENT	DATE OF VISIT
Synthetic patient	11/19/2026
VISIT TYPE	**CLINICIAN**
Medication follow-up, 20 minutes	Psychiatric clinician

APPEARANCE AND BEHAVIOR

Casually dressed, well groomed, appears stated age. Good eye contact, cooperative throughout, no abnormal movements.

SPEECH

Normal rate, volume and rhythm. Spontaneous, no latency.

MOOD AND AFFECT

Mood reported as "pretty steady, better than last time." Affect full range, reactive, congruent with stated mood.

THOUGHT PROCESS AND CONTENT

Linear and goal-directed. No delusions elicited. Denies suicidal or homicidal ideation, no intent, no plan, no access to means beyond household items.

PERCEPTION

No auditory or visual hallucinations reported or observed.

COGNITION, INSIGHT AND JUDGEMENT

Alert and oriented to person, place, time and situation. Attention and recent memory intact for the interview. Insight into diagnosis and treatment is good. Judgement intact, reports taking medication as prescribed.